

# Exploration of Options Framework

This document is for \_\_\_\_\_'s supporters to work through. It is recommended that the *Preferred Activity Analysis* (Watson, 2016) is completed prior to completing this framework. This framework helps guide those close to someone who communicates informally and perhaps unintentionally to explore options, with a view to ascertaining their will and preference in relation to a decision that is being made.

**Date:** \_\_\_\_\_

**Person/people filling out this form:** \_\_\_\_\_

**What is the decision \_\_\_\_\_ is facing?**

*E.g. The 'decision maker' is living at home with her aging mother. It is time for her to explore alternative places to live. The decision she is faced with is 'Where to live?'*

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Watson, J. (2016). Exploration of Options: A Supported Decision-Making Tool for People who communicate informally. Early version In J. Watson & R. Joseph (Eds.), *People with severe to profound intellectual disabilities leading lives they prefer through supported decision making: Listening to those rarely heard. A guide for supporters*. Melbourne: Scope.

**What are all the options/choices?**

*E.g., To live in a government run residential unit with 4 people who the 'decision maker' doesn't know. The unit is in a busy urban area very close to a tram line.*

Option 1: \_\_\_\_\_

Option 2: \_\_\_\_\_

Option 3: \_\_\_\_\_

Option 4: \_\_\_\_\_

Option 5: \_\_\_\_\_

**Who is supporting \_\_\_\_\_ to make this decision?    What are their relationships to \_\_\_\_\_?**

Support Person	Relationship

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### Exploration of each option/potential choice

Support \_\_\_\_\_ through a trial process of each potential choice. It may not be practical to fully trial each option, however, try to set up a scenario which best resembles the key elements of each choice.

*E.g.: If one of the options to be explored is for the person to live in an urban setting close to a tram line, support the person to spend time near a tram line. Watch/listen to their reactions as the trams go past. Consider videoing these reactions to share with the person's Circle of Support.*

<b>Option/Scenario</b>	<b>Describe _____'s responses to this option/scenario</b> <i>What sounds are they making?</i> <i>What facial expressions are they using?</i> <i>What is their body doing?</i>	<b>What does _____'s circle of support believe he/she is communicating through these responses?</b>


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## References

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